UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): February 27, 2006

Forrester Research, Inc.

(Exact name of registrant as specified in its charter)					
Delaware	000-21433	04-2797789			
(State or other jurisdiction of incorporation	(Commission on File Number)	(IRS Employer Identification No.)			
400 Technology Square, Cambridge,		02139			
(Address of principal executive office	res)	(Zip Code)			
(Forn Check the appropriate box below if the Form 8-K filing provisions (see General Instruction A.2. below):	ner name or former address, if changed since last re				
o Written communications pursuant to Rule 425 under	the Securities Act (17 CFR 230.425)				
o Soliciting material pursuant to Rule 14a-12 under th	e Exchange Act (17 CFR 240.14a-12)				
o Pre-commencement communications pursuant to Ru	le 14d-2(b) under the Exchange Act (17 CFR 240.	14d-2(b))			
o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))					

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Ex-99.1 Press release dated February 28, 2006 issued by Forrester Research, Inc.

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Item 8.01. Other Events.

Effective May 15, 2006, Dennis Van Lingen will succeed Robert W. Davidson as President, EMEA (Europe, Middle East, Africa) Operating Group, of Forrester Research, Inc. (the "Company"). Mr. Davidson, who will be leaving the Company on June 30, 2006, will be transitioning his responsibilities to Mr. Van Lingen over the next few months.

The full text of the press release issued in connection with this matter is attached as Exhibit 99.1 and incorporated by reference herein.

Item 9.01. Financial Statements and Exhibits

- (d) Exhibits
 - 99.1 Press release dated February 28, 2006 issued by Forrester Research, Inc.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: February 28, 2006 FORRESTER RESEARCH, INC.

By: /s/ Warren Hadley

Warren Hadley
Chief Financial Officer and Treasurer (Principal Financial and Accounting Officer)



FOR IMMEDIATE RELEASE

Forrester Research Appoints New EMEA President

CAMBRIDGE, Mass., February 28, 2006 . . . Forrester Research, Inc. (Nasdaq: FORR) today announced that it has appointed Dennis van Lingen to the position of president, EMEA, effective May 15, 2006. In this role, he will be responsible for leading the company's business in EMEA, which comprises Europe, the Middle East, and Africa. Van Lingen, a longtime Forrester marketing executive, succeeds Robert Davidson, who will leave Forrester on June 30, 2006.

"I would like to extend my appreciation to Robert for his leadership," said George F. Colony, chairman and chief executive officer. "I am grateful for his many accomplishments and wish him the best in his future endeavors."

As part of Forrester's succession plan, the company has worked with van Lingen to assume leadership of Forrester's business in EMEA. "Over the past six years, Dennis has held leadership roles both in Europe and in the US," stated Colony. "His tenure in both regions, extensive knowledge of the company, and strategic and operational expertise will enable him to effectively lead and enhance our EMEA business."

Van Lingen joined Forrester in 2000 as director of marketing in the company's Amsterdam office. In that role, he managed all aspects of the European marketing strategy as well as the European events business. Since 2004, he has served as vice president, marketing, Americas, in the company's headquarters in Cambridge, Mass., where he contributed to Forrester's growth and enhanced its new business operations. Specifically, van Lingen redesigned and strengthened the lead management process, oversaw events, and drove sales through successful marketing programs for the Americas.

Prior to joining Forrester, van Lingen worked in the marketing division of Nissan Europe for eight years, where he was a senior manager involved in pan-European launch activities, product planning, and product life-cycle management. Earlier, van Lingen was a marketing officer at Royal Philips Electronics in the Netherlands. Van Lingen is a Chartered Marketer from the British Chartered Institute of Marketing (CIM) and holds a DipM postgraduate diploma in Marketing from CIM.

Davidson will remain with Forrester until June 30, 2006 while he transitions his duties to van Lingen.

Forrester Research (Nasdaq: FORR) is an independent technology and market research company that provides pragmatic and forward-thinking advice about technology's impact on business and consumers. For 22 years, Forrester has been a thought leader and trusted advisor, helping global clients lead in their markets through its research, consulting, events, and peer-to-peer executive programs. For more information, visit www.forrester.com.

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