FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20045	

3 ,	OMB APPRO	JVAL
TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0287
	Estimated average burd	den

hours per response

0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							3 00() 0				, ,	0. 20.0						
Name and Address of Reporting Person* <u>Hippler Kelley</u>					2. Issuer Name and Ticker or Trading Symbol FORRESTER RESEARCH, INC. [FORR]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Hipple</u>	<u>r Kelley</u>				1	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	LUIL		LULIII	<u> </u>	110.	Liona	,	Directo	or	10% C	wner	
(I oot)	//	-irot\	(Middle)		3 [Date o	f Farliest	Trans	action (Mon	th/Day/	/Year)		_	X Officer below)	(give title	Other below)	specify	
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 03/01/2022								Chief Sales Officer				
C/O FOI	RRESTER	RESEARCH, IN	IC.		"													
60 ACO	RN PARK	DRIVE																
					. 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable				
(Street)													Line	,				
CAMBR	RIDGE N	1A	02140											X Form f	iled by One F	Reporting Pers	on	
																than One Rep	orting	
(0::)	,	.	(: \											Persor	1			
(City)	(;	State)	(Zip)															
		Tab	le I - Non	-Deriv	/ative	e Se	curities	Ac	quired, D	ispos	sed o	f, or Be	neficial	ly Owned	t			
1. Title of	Security (In:	str. 3)		2. Trans	action									5. Amou			7. Nature	
Date (Month/D					Dav/Ye	Execution Date ay/Year) if any			e, Transaction Disposed Of (D) (Instr. 3, Code (Instr. 5)			str. 3, 4 and	Securition Secur		orm: Direct D) or Indirect	of Indirect Beneficial		
(montain)			,	' ((Month/Day/Year				,			Owned I	ed Following (I)	l) (Instr. 4)	Ownership			
								Code	, An	Amount (A) or (D)		r Price	Reporte Transac	tion(s)		(Instr. 4)		
									Code			All	Price	(Instr. 3 and 4)				
		-	Гable II - I	Deriva	tive	Seci	ırities	Δcai	iired Dis	ะทกรค	nd of	or Ben	eficially	Owned				
		!							, options					Omica				
1. Title of	2.	3. Transaction	3A. Deemed	d .	4.		5. Numl	ber	6. Date Exe	rcisable	e and	7. Title ar	nd	8. Price of	9. Number o	of 10.	11. Nature	
Derivative	Conversion or Exercise		Execution I		Transa Codo (Expiration Date Amount of (Month/Day/Year) Securities					Derivative	derivative Securities	Ownershi Form:	of Indirec	
Security (Instr. 3)	Price of	(MOIIIII/Day/Tear)	if any (Month/Day		Code (Instr. 8)		Derivative Securities		(Month/Day/Year) Securities Underlying					Security (Instr. 5)	Beneficially		Ownershi	
Derivative				1	•		Acquired		Derivative Security (Inch.				l`	Following (I) Reported	or Indirec			
Security							(A) or Dispose		Security (Instr. and 4)				(instr. 3			(I) (Instr. 4	115(1.4)	
		of (D) (Instr. 3, 4 and 5)			" ' '						Transaction(s) (Instr. 4)	(s)						
					3, 4 and 5)							-	(
													Amount or					
										<u> </u> .			Number					
					Code	v	(A)	(D)	Date Exercisable		iration	Title	of Shares					
Restricted		1					1	П										
Stock Units	\$0.00 ⁽¹⁾	03/01/2022			A		10,927		(2)		(2)	common stock	10,927	\$0.00 ⁽³⁾	10,927	D		

Explanation of Responses:

- 1. Each Restricted Stock Unit represents the right to receive, following vesting, one share of Forrester Research, Inc. common stock.
- 2. On March 1, 2022, the reporting person was granted 10,927 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date.
- 3. Each Restricted Stock Unit is the equivalent of one share of Forrester Research, Inc. common stock.

Remarks:

Maite Garcia, attorney-in-fact for Kelley Hippler

03/02/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

I hereby constitute and appoint each of Ryan Darrah, Maite Garcia and Jed Rosenkrantz signing singly, my true and lawful attorney-in-fact to:

- (1) execute for and on my behalf, in my capacity as an officer and/or director of Forrester Research, Inc. (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on my behalf that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be to my benefit, in my best interest, or that I am legally required to do, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

I hereby grant to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. I acknowledge that the attorney-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until I am no longer required to file Forms 3, 4 and 5 with respect to my holdings of and transactions in Company securities, unless I earlier revoke it in a signed writing delivered to the attorneys-in-fact. Upon signature of this Power of Attorney, I hereby revoke all previous powers of attorney granted concerning the subject matter herein.

IN WITNESS WHEREOF, I have caused this Power of Attorney to be executed as of this 10th day of July, 2017.

Signature /s/Kelley Hippler