UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 4, 2006

Forrester Research, Inc.

(Exact name of registrant as specified in its charter)

Delaware	000-21433	04-2797789	
(State or other juris-	(Commission	(IRS Employer	
diction of incorporation	on File Number)	Identification No.)	
400 Technology Square, Cambridge, MA		02139	
(Address of principal executive offices) (Zip Code)	
Registrant's telephone number, including area code: (617) 613-6000			
(Former name or former address, if changed since last report)			

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 8.01. Other Events.

Effective April 1, 2006, Charles Rutstein will succeed Neil Bradford as President, Americas Operating Group, of Forrester Research, Inc. (the "Company"). Mr. Bradford, who will be leaving the Company March 31, 2006 to return to the United Kingdom, will be transitioning his responsibilities to Mr. Rutstein during the first quarter of 2006.

The full text of the press release issued in connection with this matter is attached as Exhibit 99.1 and incorporated by reference herein.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits

99.1 Press release dated January 4, 2006 issued by Forrester Research, Inc.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: January 4, 2006

FORRESTER RESEARCH, INC.

By: /s/ Warren Hadley

Warren Hadley Chief Financial Officer and Treasurer (Principal Financial and Accounting Officer)



Forrester Research Appoints Charles Rutstein As President, Forrester Americas To Succeed Neil Bradford

CAMBRIDGE, Mass., January 4, 2006 . . . Forrester Research, Inc. (Nasdaq: FORR) today announced that it has appointed Charles Rutstein to the position of President, Forrester Americas, effective April 1, 2006. In this role, he will be responsible for leading the Americas region, which comprises approximately 75 percent of Forrester's client base. Rutstein succeeds Neil Bradford, who, as anticipated, will leave the company to return to his native United Kingdom at the end of the first quarter.

"During his six years with Forrester, Neil has been a respected and valued member of the executive team," said George F. Colony, chairman and chief executive officer. "I am grateful for his extraordinary leadership and wish him the best in his future endeavors."

As part of Forrester's succession plan, the company has anticipated Bradford's return home to the UK and has worked with Rutstein to assume leadership of Forrester's business in North, Central, and South America. "Over the past seven years, Charles has become very familiar with all aspects of the business," stated Colony. "His achievements precede him. Charles has led two of the company's growing businesses, Consulting and Oval. As an analyst and a manager, Charles has always been very client-focused, something that will continue to serve Forrester well in the future."

Rutstein joined Forrester in 1999. Most recently, he served as Vice President, Forrester Community, overseeing Events and Forrester's Oval Program, the company's executive membership offering, in the Americas. Previously, Rutstein managed Forrester's consulting business in North America. Prior to this role, he spent several years directing a variety of Forrester's research teams, overseeing research on topics including security, computing platforms, networking, storage, and management infrastructure. Rutstein holds a B.A. in economics from Hobart College and an M.B.A. in strategic and entrepreneurial management from The Wharton School of the University of Pennsylvania.

Bradford will remain with Forrester until March 31, 2006, while he transitions his duties to Rutstein.

Forrester Research (Nasdaq: FORR) is an independent technology and market research company that provides pragmatic and forward-thinking advice about technology's impact on business and consumers. For 22 years, Forrester has been a thought leader and trusted advisor, helping global clients lead in their markets through its research, consulting, events, and peer-to-peer executive programs. For more information, visit www.forrester.com.

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