FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	an Steven	irst) RESEARCH, IN	- <u>F(</u>	2. Issuer Name and Ticker or Trading Symbol FORRESTER RESEARCH, INC. [ FORR ]      3. Date of Earliest Transaction (Month/Day/Year) 03/01/2023									S. Relationship of Reporting Person(s) to Issuer Check all applicable) Director 10% Owner X Officer (give title below) CBTO						
(Street) CAMBR (City)	IDGE M	Ā	02140 (Zip)		4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Clune)  X Form filed by One Reportin Form filed by More than On											orting Person	۱	
Table I - Non-Deriver  1. Title of Security (Instr. 3)  2. Transa Date (Month/E				saction	ear)	2A. Deen Executio if any	. Deemed ecution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			or 5. Amou		Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock 03					1/202	3			Code M(1)	v	Amount 1,366	(A) o (D)	Price		Transact (Instr. 3 a	tion(s) and 4)		D	(11341.4)
					1/2023					599(2)	D	\$33	_	17,896 17,297			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr 8)		n Derivative		6. Date Exercis Expiration Date (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Der Sec	3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v					Expiration Date	Title	Amour or Number of Shares	er		Transaction(s) (Instr. 4)			
Restricted Stock Units	\$0.00 <sup>(3)</sup>	03/01/2023			M			1,366	(4)		(4)	common stock	1,36	5 \$	00.00	4,097		D	
Restricted Stock Units	\$0.00 <sup>(3)</sup>	03/01/2023			Α		8,323		(5)		(5)	common stock	8,32	3 \$	00.00	8,323		D	

## **Explanation of Responses:**

- 1. Represents the conversion, upon vesting, of restricted stock units into common stock.
- 2. Represents shares withheld by the Issuer to satisfy tax withholding obligations upon the vesting on March 1, 2023 of the restricted stock units awarded to the reporting person on March 1, 2022. The award includes a provision for the withholding of shares by the Issuer to satisfy withholding taxes due as a result of the vesting of the award.
- 3. Each Restricted Stock Unit is the equivalent of one share of Forrester Research, Inc. common stock.
- 4. On March 1, 2022 the reporting person was granted 5,463 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date
- 5. On March 1, 2023 the reporting person was granted 8,323 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date.

## Remarks:

Maite Garcia, attorney-in-fact for Steven P. Peltzman

03/03/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

I hereby constitute and appoint each of Ryan Darrah, Maite Garcia and Jed Rosenkrantz signing singly, my true and lawful attorney-in-fact to:

- (1) execute for and on my behalf, in my capacity as an officer and/or director of Forrester Research, Inc. (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on my behalf that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be to my benefit, in my best interest, or that I am legally required to do, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

I hereby grant to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. I acknowledge that the attorney-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until I am no longer required to file Forms 3, 4 and 5 with respect to my holdings of and transactions in Company securities, unless I earlier revoke it in a signed writing delivered to the attorneys-in-fact. Upon signature of this Power of Attorney, I hereby revoke all previous powers of attorney granted concerning the subject matter herein.

IN WITNESS WHEREOF, I have caused this Power of Attorney to be executed as of this 23rd day of July, 2019.

Signature

/s/ Steven P. Peltzman Signature

Steven P. Peltzman Print Name