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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): December 15, 2005**

**Forrester Research, Inc.**

(Exact name of registrant as specified in its charter)

Delaware

(State or other juris-  
diction of incorporati

000-21433

(Commission  
on File Number)

04-2797789

(IRS Employer  
Identification No.)

400 Technology Square, Cambridge, MA

(Address of principal executive offices)

02139

(Zip Code)

Registrant's telephone number, including area code: (617) 613-6000

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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### **Item 5.02. Departure of Directors or Principal Officers; Election of Directors;**

#### Appointment of Principal Officers

Effective December 15, 2005, Gretchen G. Teichgraeber was elected to the Board of Directors of Forrester Research, Inc. (the “Company”). The Company has not yet determined the committee(s) on which Ms. Teichgraeber will serve. On December 15, 2005, the Company issued a press release announcing the election of Ms. Teichgraeber to the Company’s Board of Directors. The full text of the press release issued in connection with this announcement is attached as Exhibit 99.1 and incorporated by reference herein.

### **Item 9.01. Financial Statements and Exhibits**

#### (d) Exhibits

99.1 Press release dated December 15, 2005 issued by Forrester Research, Inc.

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: December 16, 2005

FORRESTER RESEARCH, INC.

By: /s/ Warren Hadley

Warren Hadley  
Chief Financial Officer and Treasurer  
(Principal Financial and Accounting Officer)

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**EXHIBIT INDEX**

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press release dated December 15, 2005 issued by Forrester Research, Inc.



FOR IMMEDIATE RELEASE

Forrester Research Names New Board Member

CAMBRIDGE, Mass., December 15, 2005 . . . Forrester Research, Inc. (Nasdaq: FORR) today announced the appointment of Gretchen Teichgraeber to its board of directors.

Ms. Teichgraeber, president and CEO of Scientific American, Inc., becomes the sixth Forrester board member.

"Gretchen is a welcome and important addition to the Forrester board," said George F. Colony, chairman of the board and CEO of Forrester Research. "As one of the publishing and media industry's most highly regarded executives, Gretchen represents an organization very much like Forrester. Both firms are forward-looking and help companies and consumers understand the impact of technology on business and society."

For the past five years, Ms. Teichgraeber has served as president and CEO of Scientific American, Inc., publisher of the critically acclaimed science and technology magazine, *Scientific American* — the first monthly publication to bring science and innovation to a general audience. She also extended the brand through the introduction of the magazine into a growing number of international markets, with publications now available in 18 languages throughout the world.

Prior to joining Scientific American, Inc., Ms. Teichgraeber held the positions of general manager, publishing and vice president, marketing and information services at CMP Media, a leading provider of technology news and information. She previously worked at The New York Times Company as the director of marketing, planning and product management and also as the director of corporate strategic planning. Ms. Teichgraeber began her career at Time, Inc. where she held numerous positions in consumer marketing, business development, and general management.

Ms. Teichgraeber also serves on the boards of the New York Hall of Science, the Independent Magazine Advisory Group of the Magazine Publishers of America, and the Advertising Women of New York. She is a cum laude graduate of Dartmouth College and received her M.B.A. from the Amos Tuck School of Business Administration.

**About Forrester**

Forrester Research (Nasdaq: FORR) is an independent technology and market research company that provides pragmatic and forward-thinking advice about technology's impact on business and consumers. For 22 years, Forrester has been a thought leader and trusted advisor, helping global clients lead in their markets through its research, consulting, events, and peer-to-peer executive programs. For more information, visit [www.forrester.com](http://www.forrester.com).

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