FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

235-0287
0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MANN GAIL (Last) (First) (Middle) C/O FORRESTER RESEARCH, INC.						Issuer Name and Ticker or Trading Symbol FORRESTER RESEARCH, INC. [FORR] Date of Earliest Transaction (Month/Day/Year) 11/01/2016										Relationship heck all appl Direct X Office below	icable) or r (give title		10% O Other (below)	wner
(Street) CAMBR (City)		A (tate)	02140 (Zip)		- 11/	4. If Amendment, Date of Original Filed (Month/Day/Year) 11/03/2016 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person												on		
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Trans Date (Month/I				action		2A. Deemed Execution Date,			3. 4. Se Transaction Disp Code (Instr. 5)			ed of, or Benefic securities Acquired (A) posed Of (D) (Instr. 3, 4			5. Amo Securit Benefic	unt of ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
											·	Amount	(A) or (D)		Price	Transa	Transaction(s) (Instr. 3 and 4)			, ,
Common Stock			11/01	L/2016	5			M			5,885	5	A	\$28.	62 12	2,021		D		
Common Stock			11/01	11/01/2016				S			5,885	5	D	\$37	(1) 6	6,136		D		
Common	Common Stock 1			11/02	02/2016				M			1,615	5	A	\$28.	62 7	7,751		D	
Common	Stock			11/02/2016 s 1,615 D \$37 6,136 D				D												
		Т										sed of, onvertil				y Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transactio Code (Inst		n of I		Expirati	6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		l	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)	Date Exercis	able		opiration	Title		Amount or Number of Shares					
Non- Qualified Stock Option (Right to Buy)	\$28.62	11/01/2016			М			5,885	04/02/2	010	04	l/01/2017	comm		5,885	\$0.00	4,115		D	
Non- Qualified Stock Option (Right to Buy)	\$28.62	11/02/2016			M			1,615	04/02/2	010	04	1/01/2017	comm		1,615	\$0.00	2,500		D	

Explanation of Responses:

1. This transaction was executed in multiple trades at prices ranging from \$37.00 to \$37.05. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected

This form 4A is filed to correct the dates reflected in Table I, section 2 related to the third and fourth Transactions listed. The correct date for both the third and fourth Transactions listed is 11/02/2016 instead of 11/03/2016.

> Maite Garcia, attorney-in-fact for Gail S. Mann

11/03/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

I hereby constitute and appoint each of Ryan Darrah and Maite Garcia signing singly, my true and lawful attorney-in-fact to:

- (1) execute for and on my behalf, in my capacity as an officer and/or director of Forrester Research, Inc. (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on my behalf that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be to my benefit, in my best interest, or that I am legally required to do, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

I hereby grant to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. I acknowledge that the attorneys-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until I am no longer required to file Forms 3, 4 and 5 with respect to my holdings of and transactions in Company securities, unless I earlier revoke it in a signed writing delivered to the attorneys-in-fact. Upon signature of this Power of Attorney, I hereby revoke all previous powers of attorney granted concerning the subject matter herein.

IN WITNESS WHEREOF, I have caused this Power of Attorney to be executed as of this 27th day of May, 2009.

/s/ Gail S. Mann Signature

Gail S. Mann Print Name