FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Macbeth Shirley																	Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O FORRESTER RESEARCH, INC.						3. Date of Earliest Transaction (Month/Day/Year) 03/01/2024										X Office below	r (give title		Other (sbelow)			
60 ACORN PARK DRIVE						4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)									·							
(Street) CAMBRIDGE MA 02140					X Form filed by One Reporting Person Form filed by More than One Reporting Person																	
(City)	(S	tate)	(Zip)		Ru	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										ed to						
		Tab	le I - No	n-Deri	vative	Se	curit	ies Ac	qui	ired, [Disp	osed o	of, or I	3ene	eficial	ly Owne	d					
Date			2. Trans Date (Month		Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			(A) or 3, 4 and	Benefic Owned	ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									9	Code	v	Amount	(A (D) or)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)		
Common Stock 03/0				03/0	1/2024	/2024			M ⁽¹⁾		3,446		A	\$ <mark>0</mark>	12	12,251		D				
Common Stock 03			03/0	1/2024	/2024			F		1,193	(2)	D	\$20.	4 11	11,058		D					
		Т										sed of onverti				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		Transaction Code (Instr.				6. Date Exercisa Expiration Date (Month/Day/Year			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	i is illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exe	e rcisable		xpiration ate	Title	OI N	umber							
Restricted Stock Units	\$0 ⁽³⁾	03/01/2024			М			1,366		(4)		(4)	Commo		1,366	\$0 ⁽⁵⁾	2,731		D			
Restricted Stock Units	\$0 ⁽³⁾	03/01/2024			M			2,080		(6)		(6)	Commo		2,080	\$0 ⁽⁵⁾	6,243	-	D			

Explanation of Responses:

- 1. Represents the conversion, upon vesting, of restricted stock units into common stock.
- 2. Represents shares withheld by the Issuer to satisfy tax withholding obligations upon the vesting on March 1, 2024 of the restricted stock units awarded to the reporting person on March 1, 2022 and March 1, 2023. The awards include a provision for the withholding of shares by the Issuer to satisfy withholding taxes due as a result of the vesting of the awards.
- 3. Each Restricted Stock Unit represents the right to receive, following vesting, one share of Forrester Research, Inc. common stock.
- 4. On March 1, 2022, the reporting person was granted 5,463 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date.
- 5. Each Restricted Stock Unit is the equivalent of one share of Forrester Research, Inc. common stock.
- 6. On March 1, 2023, the reporting person was granted 8,323 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date.

Maite Garcia, attorney-in-fact for Shirley Macbeth

03/05/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.