FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinaton	$D \subset$	20540	
Vashington,	D.C.	20549	

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Macbet (Last)	th Shirley (F	irst)	(Middle)		<u>F(</u>	2. Issuer Name and Ticker or Trading Symbol FORRESTER RESEARCH, INC. [ FORR ]  3. Date of Earliest Transaction (Month/Day/Year) 04/01/2024								Director Officer below)	give title C		10% Ow Other (s <sub>i</sub> below)	10% Owner Other (specify below)		
	RRESTER I RN PARK I	RESEARCH, IN DRIVE	C.		4. 1							6. In	ndividual or Joint/Group Filing (Check Applicable							
(Street)	IDGE M	ΙA	02140										)	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)		R	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a conditions of Rule 10b5-1(c). See Instruction 1														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			2. Trans Date (Month/	Day/Year) if any		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr.			es Acquire Of (D) (Inst		Beneficia Owned F	s Form ally (D) o ollowing (I) (Ir		Direct Indirect Etr. 4)	7. Nature of ndirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock	k 04/0			1/202	/2024		M <sup>(1)</sup>		2,676	2,676 A		13,	13,734		D				
Common Stock 04/01			1/202					\$20.83												
			Table II -						,	•	osed of, onvertib		•	Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	xecution Date, Transaction Derivative		ve es ed (A) osed nstr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  T. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)				ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					ode	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	лі(э)				
Restricted Stock Units	\$0 <sup>(3)</sup>	04/01/2024			M			2,676	(4)		(4)	Common Stock	2,676	\$0 <sup>(5)</sup>	0		D			
Restricted Stock Units	\$0 <sup>(3)</sup>	04/01/2024			A		15,602		(6)		(6)	Common Stock	15,602	\$0	15,602	2	D			

## Explanation of Responses:

- 1. Represents the conversion, upon vesting, of restricted stock units into common stock.
- 2. Represents shares withheld by the Issuer to satisfy tax withholding obligations upon the vesting on April 1, 2024 of the restricted stock units awarded to the reporting person on April 1, 2020. The award includes a provision for the withholding of shares by the Issuer to satisfy withholding taxes due as a result of the vesting of the award.
- 3. Each Restricted Stock Unit represents the right to receive, following vesting, one share of Forrester Research, Inc. common stock.
- 4. On April 1, 2020, the reporting person was granted 10,704 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the
- 5. Each Restricted Stock Unit is the equivalent of one share of Forrester Research, Inc. common stock.
- 6. On April 1, 2024, the reporting person was granted 15,602 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date.

Maite Garcia, attorney-in-fact for Shirley Macbeth

04/03/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.