FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
rudonini gtori,	D.O.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response	e: 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

	tion 1(b).	nue. See	d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							34		hours	per respo	nse:	0.5			
Name and Address of Reporting Person*     Peltzman Steven P.				2. Issuer Name and Ticker or Trading Symbol FORRESTER RESEARCH, INC. [ FORR ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last) (First) (Middle) C/O FORRESTER RESEARCH, INC.					3. Date of Earliest Transaction (Month/Day/Year) 08/01/2023								X Office below	·	Other (specify below)			
60 ACORN PARK DRIVE					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) CAMBRIDGE MA 02140													X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	City) (State) (Zip)  Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										ded to							
		Table	e I - No	n-Deriva	ative S	Secur	rities Ac	quired,	Dis	osed o	of, c	r Ben	eficia	lly Owne	d			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da			Execution Date,		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			Benefic Owned	ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	t (A) or (D)		Price	Reporte Transa (Instr. 3	tion(s)			(Instr. 4)	
Common Stock				08/01/2023				M <sup>(1)</sup>		5,341		A	\$0.0	0 20	),432 D			
Common Stock 08/01/2				2023			F		2,151 <sup>(2)</sup> D \$		\$32.4	11 18	18,281					
		Ta	able II -				ies Acqı varrants							y Owned				
1. Title of Derivative Conversion or Exercise (Instr. 3) Perivative Security Security		on Date,		Transaction of E Code (Instr. Derivative (		Expiration	5. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		str. 3	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	Ow For Dir or (I)	rnership rm: ect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownershi (Instr. 4)		

## Explanation of Responses:

**\$0.00**<sup>(3)</sup>

**\$0.00**<sup>(3)</sup>

**\$0.00**<sup>(3)</sup>

1. Represents the conversion, upon vesting, of restricted stock units into common stock.

08/01/2023

08/01/2023

08/01/2023

2. Represents shares withheld by the Issuer to satisfy tax withholding obligations upon the vesting on August 1, 2023 of the restricted stock units awarded to the reporting person on August 1, 2019, August 3, 2020 and August 2, 2021. The awards include a provision for the withholding of shares by the Issuer to satisfy withholding taxes due as a result of the vesting of the awards.

Date

Exercisable

(4)

(5)

(6)

(Instr. 3. 4

1.916

1.910

1.515

and 5)

3. Each Restricted Stock Unit represents the right to receive, following vesting, one share of Forrester Research, Inc. common stock.

Code

M

M

ν (A) (D)

- 4. On August 1, 2019, the reporting person was granted 7665 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments beginning on the first anniversary of the grant date.
- 5. On August 3, 2020, the reporting person was granted 7641 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments on August 1, 2021, August 1, 2022, August 1, 2023 and August 1, 2024.
- 6. On August 2, 2021, the reporting person was granted 6059 Restricted Stock Units that vest and convert into common stock in four equal and consecutive installments on August 1, 2022, August 1, 2023, August 1, 2024 and August 1, 2025

## Remarks:

Restricted

Stock

Units Restricted

Stock

Units Restricted

Stock

Units

Maite Garcia, attorney-in-fact

Amount Number

Shares

1,916

1,910

1,515

\$0.00

\$0.00

\$0.00

Expiration Date

(4)

(5)

(6)

Title

commor

stock

commor

stock

commor

stock

08/03/2023

for Steven P. Peltzman \*\* Signature of Reporting Person

Date

(Instr. 4)

0

1.910

3.029

D

D

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

I hereby constitute and appoint each of Ryan Darrah, Maite Garcia and Jed Rosenkrantz signing singly, my true and lawful attorney-in-fact to:

- (1) execute for and on my behalf, in my capacity as an officer and/or director of Forrester Research, Inc. (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on my behalf that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be to my benefit, in my best interest, or that I am legally required to do, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

I hereby grant to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. I acknowledge that the attorney-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until I am no longer required to file Forms 3, 4 and 5 with respect to my holdings of and transactions in Company securities, unless I earlier revoke it in a signed writing delivered to the attorneys-in-fact. Upon signature of this Power of Attorney, I hereby revoke all previous powers of attorney granted concerning the subject matter herein.

IN WITNESS WHEREOF, I have caused this Power of Attorney to be executed as of this 23rd day of July, 2019.

Signature

/s/ Steven P. Peltzman Signature

Steven P. Peltzman Print Name