FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL             |           |  |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |  |

|        | Check this box if no longer subject |
|--------|-------------------------------------|
|        | to Section 16. Form 4 or Form 5     |
| $\Box$ | obligations may continue. See       |
|        | Instruction 1(b).                   |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|  |  |       |        |   |        |  | 00(11) 0   | · uic i                               | iiv couriei         | 11 00   | inpany Act C   | 71 10-10 |   |   |  |   |                             |   |         |  |
|--|--|-------|--------|---|--------|--|--|---------------------------------------|---------------------|---|--|----------|---|---|--|---|-----------------------------|---|---------|--|
| 1. Name ar   | 2. Issuer Name <b>and</b> Ticker or Trading Symbol FORRESTER RESEARCH, INC. [ FORR   |       |        |   |        |  |  |                                       |                     | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |  |          |   |   |  |   |                             |   |         |  |
| Boyce Buvia  |  |       |        |   |        | 1  |  |                                       |                     |   |  |          |   | X   | Direc  | tor   |                             | 10% Ov  | wner    |  |
| (Last) (First) (Middle) C/O FORRESTER RESEARCH, INC.             |  |       |        |   |        | 3. Date of Earliest Transaction (Month/Day/Year) 06/01/2023  |  |                                       |                     |   |  |          |   |   | Officer (give titl<br>below)   |   |                             | Other (s<br>below)  | specify |  |
| 60 ACORN PARK DRIVE  |  |       |        |   |        | 4. If Amendment, Date of Original Filed (Month/Day/Year)   |  |                                       |                     |   |  |          |   | 6. Individual or Joint/Group Filing (Check Applicable Line) |  |   |                             |   |         |  |
|  |  |       |        |   |        |  |  |                                       |                     |   |  |          |   | X Form filed by One Reporting Person                        |  |   |                             |   |         |  |
| (Street) CAMBRIDGE MA 02140                                      |  |       |        |   |        |  |  |                                       |                     |   |  |          |   |   | Form filed by More than One Reporting Person   |   |                             |   |         |  |
| (City)   | Rule 10b5-1(c) Transaction Indication  |       |        |   |        |  |  |                                       |                     |   |  |          |   |   |  |   |                             |   |         |  |
|  |  |       |        |   |        | Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. |  |                                       |                     |   |  |          |   |   |  |   |                             |   |         |  |
|  |  | Table | I - No | n-Derivat                               | ive S  | ecur   | ities  | Acc                                   | uired,              | Dis   | posed of   | , or E   | Benefi  | cially  | y Owr  | ned   |                             |   |         |  |
| 1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/ |  |       |        |   | Year)  | eemed<br>ution Date,<br>th/Day/Year)   |  | Transaction Disposed (Code (Instr. 5) |                     |   | ies Acquired ( <i>F</i><br>Of (D) (Instr. 3  |          | 4 and Sec<br>Ben<br>Owi                             |   | amount of<br>curities<br>neficially<br>ned<br>lowing   |   | m: Direct<br>or<br>rect (I) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |         |  |
|  |  |       |        |   |        |  |  |                                       | Code                | v   | Amount   | (A) (D)  | or Pric   | e   | Repor<br>Transa  | eported<br>ansaction(s)<br>astr. 3 and 4)                 |                             |   | ` '     |  |
| Common Stock 06/01/20  |  |       |        |   |        | 023  |  |                                       | A                   |   | 4,136  | A        | \$0.  | 00(1) 1   |  | 13,625  |                             | D   |         |  |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |       |        |   |        |  |  |                                       |                     |   |  |          |   |   |  |   |                             |   |         |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)              | ative Conversion Date Execution Date, if any   |       |        | 4.<br>Transaction<br>Code (Instr.<br>8) |        | 5.<br>Numl<br>of<br>Deriv<br>Secu<br>Acqu<br>(A) o<br>Dispo<br>of (D)<br>(Instr<br>and 5   | rative<br>rities<br>nired<br>r<br>osed<br>)<br>r. 3, 4 | (Month/Da                             |                     | ite   | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security<br>(Instr. 3 and |          | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) |   | 9. Number<br>derivative<br>Securities<br>Beneficiall<br>Owned<br>Following<br>Reported<br>Transactio<br>(Instr. 4) | Ownersh<br>Form:<br>Direct (D<br>or Indire<br>(I) (Instr. | Ownership                   | Beneficial Ownership t (Instr. 4)                                 |         |  |
|  |  |       |        |   | Code V |  | (A)  | (D)                                   | Date<br>Exercisable |   | Expiration<br>Date   | Title    | Amoun<br>or<br>Numbe<br>of<br>Shares                | r   |  |   |                             |   |         |  |

#### Explanation of Responses:

1. The securities awarded on June 1, 2023 are in the form of Restricted Stock Units issued pursuant to the Forrester Research, Inc. Amended and Restated Equity Incentive Plan that entitle the reporting person, upon vesting, to receive one share of common stock per Restricted Stock Unit. The Restricted Stock Units will vest and convert into common stock in four equal and consecutive installments. The first tranche will vest on September 1, 2023, with an equal number of shares vesting on each of December 1, 2023 and March 1, 2024, and the balance of the shares vesting on June 1, 2024.

### Remarks:

<u>Maite Garcia, attorney-in-fact</u> <u>for David Boyce</u>

06/02/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

# LIMITED POWER OF ATTORNEY FOR SECTION 16 REPORTING OBLIGATIONS

I hereby constitute and appoint each of Ryan Darrah, Maite Garcia and Jed Rosenkrantz signing singly, my true and lawful attorney-in-fact to:

- (1) execute for and on my behalf, in my capacity as an officer and/or director of Forrester Research, Inc. (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on my behalf that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be to my benefit, in my best interest, or that I am legally required to do, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

I hereby grant to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. I acknowledge that the attorney-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until I am no longer required to file Forms 3, 4 and 5 with respect to my holdings of and transactions in Company securities, unless I earlier revoke it in a signed writing delivered to the attorneys-in-fact. Upon signature of this Power of Attorney, I hereby revoke all previous powers of attorney granted concerning the subject matter herein.

IN WITNESS WHEREOF, I have caused this Power of Attorney to be executed as of this 1st day of June, 2017.

/s/ David Boyce Signature

David Boyce Print Name