SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): April 30, 2009

FORRESTER RESEARCH, INC.

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation)

000-21433

(Commission File Number)

04-2797789 (I.R.S. Employer Identification Number)

400 Technology Square Cambridge, Massachusetts 02139

(Address of principal executive offices, including zip code)

(617) 613-6000

(Registrant's telephone number, including area code)

N/A

(Former Name or Former Address, if Changes since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Page 1 of 4 Exhibit Index appears on Page 4

ITEM 2.02. RESULTS OF OPERATIONS AND FINANCIAL CONDITION.

The information contained in this current report on Form 8-K is furnished pursuant to Item 2.02 of Form 8-K "Results of Operations and Financial Condition". This information and the exhibits hereto are being furnished and shall not be deemed to be "filed" for the purposes of Section 18 of, or otherwise regarded as filed under, the Securities Exchange Act of 1934, as amended. The information contained in this report shall not be incorporated by reference into any filing of Forrester Research, Inc. with the SEC, whether made before or after the date hereof, regardless of any general incorporation language in such filings.

On April 30, 2009, Forrester Research, Inc. issued a press release announcing its financial results for the quarter ended March 31, 2009.

Forrester believes that pro forma financial results provide investors with consistent and comparable information to aid in the understanding of Forrester's ongoing business. Forrester uses pro forma financial information to manage its business, including use of pro forma financial results as the basis for setting targets for various compensation programs. Our pro forma presentation excludes the following, as well as their related tax effects:

Amortization of intangibles—we exclude the effect of the amortization of intangibles from our pro forma results in order to more consistently present our ongoing results of operations.

Impairments of and gains related to non-marketable securities and gains from sales of marketable securities—we have consistently excluded both one-time gains and one-time write-offs related to our investments in non-marketable securities and sales of marketable securities from our pro forma results in order to keep quarter-over-quarter and year-over-year comparisons consistent.

Non-cash stock-based compensation expense—we exclude the stock-based compensation impact of SFAS 123R from our pro forma results in order to keep quarter-over-quarter and year-over-year comparisons consistent.

Expenses related to the Company's stock option investigation and the restatement of the Company's historical financial statements are also not included in our pro forma results in order to keep quarter-over-quarter and year-over-year comparisons consistent.

Reorganizations costs associated with the Company's reduction in force announced in February 2009 are not included in our pro forma results in order to keep quarter-over-quarter and year-over-year comparisons consistent.

However, these measures should be considered in addition to, not as a substitute for, or superior to, operating income or other measures of financial performance prepared in accordance with generally accepted accounting principles as more fully discussed in our financial statements and filings with the Securities and Exchange Commission.

ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

(d) Exhibits

99.1 Press Release dated April 30, 2009 with respect to financial results for the quarter ended March 31, 2009.

-2-

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FORRESTER RESEARCH, INC.

By /s/ Michael A. Doyle

Name: Michael A. Doyle Title: Chief Financial Officer and Treasurer

Date: April 30, 2009

Exhibit Index

Exhibit	Description	Р	Page
99.1	Press Release dated April 30, 2009		5

-4-



Forrester Research Reports First-Quarter Financial Results

Cambridge, Mass., April 30, 2009 . . . Forrester Research, Inc. (Nasdaq: FORR) today announced its first-quarter ended March 31, 2009 financial results.

First-Quarter Financial Performance

- Total revenues were \$56.4 million, compared with \$55.0 million for the first quarter of last year.
- On a GAAP-reported basis, Forrester reported net income of \$2.6 million, or \$0.11 per diluted share, compared with net income of \$5.0 million, or \$0.21 per diluted share, for the same period last year.
- On a pro forma basis, net income was \$6.3 million, or \$0.27 per diluted share, for the first quarter of 2009, which reflects a pro forma effective tax rate of 40 percent. Pro forma net income excludes stock-based compensation of \$2.2 million, amortization of \$656,000 of acquisition-related intangible assets, and \$3.1 million of reorganization costs. This compares with pro forma net income of \$6.2 million, or \$0.26 per diluted share, for the same period in 2008, which reflects a pro forma effective tax rate of 39 percent. Pro forma net income for the first quarter of 2008 excludes stock-based compensation of \$1.4 million, amortization of \$171,000 of acquisition-related intangible assets, marketable and non-marketable investment gains of \$497,000, and a net benefit of \$68,000 related to the settlement of stock-option-related payroll tax exposure offset by professional fees related to the stock option investigation and restatement of the Company's historical financial statements.

A reconciliation of GAAP results to pro forma results may be found in the attached financial tables.

"As demonstrated by our first-quarter financial performance, we are weathering the current recession and managing the business accordingly," said George F. Colony, Forrester's chairman of the board and chief executive officer. "Based on our deferred revenue model, we should expect that the current softness in the market today will result in a delayed impact on our revenue later in the year. As a result while we exceeded our revenue guidance for the first quarter, we are reiterating our full-year guidance."

Forrester is providing second-quarter 2009 financial guidance as follows:

Second-Quarter 2009 (GAAP):

- More -

- Total revenues of approximately \$60 million to \$63 million.
- Operating margin of approximately 16 percent to 18 percent.
- Other income of approximately \$800,000.
- An effective tax rate of 40 percent.
- Diluted earnings per share of approximately \$0.27 to \$0.31.

Second-Quarter 2009 (Pro Forma):

Pro forma financial guidance for the second quarter of 2009 excludes amortization of acquisition-related intangible assets of approximately \$700,000, stock-based compensation expense of \$1.2 million to \$1.7 million, and any gains or impairment charges related to marketable and non-marketable investments.

- Pro forma operating margin of approximately 19 percent to 21 percent.
- Pro forma effective tax rate of 40 percent.
- Pro forma diluted earnings per share of approximately \$0.33 to \$0.37.

Forrester is reiterating full-year 2009 guidance as follows:

Full-Year 2009 (GAAP):

- Total revenues of approximately \$215 million to \$235 million.
- Operating margin of approximately 10 percent to 13 percent.
- Other income of approximately \$3.0 million.
- An effective tax rate of 40 percent.
- Diluted earnings per share of approximately \$0.64 to \$0.84.

Full-Year 2009 (Pro Forma):

Pro forma financial guidance for full-year 2009 excludes stock-based compensation expense of \$5 million to \$6 million, reorganization costs of \$3.1 million, amortization of acquisition-related intangible assets of approximately \$2.0 million, and any gains or impairment charges related to marketable and non-marketable investments.

- Pro forma operating margin of approximately 15 percent to 17 percent.
- Pro forma diluted earnings per share of approximately \$0.88 to \$1.31.
- An effective tax rate of 40 percent.

Forrester First-Quarter 2009 Information/ Page 3

Forrester also announced today that its board of directors has authorized the repurchase of up to an additional \$50 million of its common stock. The shares may be purchased from time to time in open market or privately negotiated transactions. The shares purchased will be used, among other things, for Forrester's employee and director stock plans. As of March 31, 2009, Forrester had approximately 23,054,000 shares outstanding.

About Forrester Research

Forrester Research (Nasdaq: FORR) is an independent research company that provides pragmatic and forward-thinking advice to global leaders in business and technology. Forrester works with professionals in 19 key roles at major companies providing proprietary research, consumer insight, consulting, events, and peer-to-peer executive programs. For more than 25 years, Forrester has been making IT, marketing, and technology industry leaders successful every day. For more information visit www.forrester.com.

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. These statements include, but are not limited to, Forrester's financial and operating targets for the second quarter of and full-year 2009. These statements are based on Forrester's current plans and expectations and involve risks and uncertainties that could cause actual future activities and results of operations to be materially different from those set forth in the forward-looking statements. Important factors that could cause actual future activities and results to differ include, among others, Forrester's ability to respond to business and economic conditions, particularly in light of the continuing global economic downturn, technology spending, market trends, competition, industry consolidation, the ability to attract and retain professional staff, possible variations in Forrester's quarterly operating results, any cost savings related to reductions in force and associated actions, risks associated with Forrester's ability to offer new products and services, and Forrester's dependence on renewals of its membership-based research services and on key personnel. Forrester undertakes no obligation to update publicly any forward-looking statements, whether as a result of new information, future events, or otherwise. For further information, please refer to Forrester's reports and filings with the Securities and Exchange Commission.

The consolidated statements of income, consolidated balance sheets, and consolidated statements of cash flows are attached.

Michael Doyle Chief Financial Officer

Forrester First-Quarter 2009 Information/ Page 4

Karyl Levinson Vice President, Corporate Communications

Forrester Research, Inc. +1 617.613.6000 mdoyle@forrester.com Forrester Research, Inc. +1 617.613.6262 press@forrester.com

© 2009, Forrester Research, Inc. All rights reserved. Forrester is a trademark of Forrester Research, Inc.

Forrester Research, Inc.

Consolidated Statements of Income

(In thousands, except per share data)

Revenues	2009	<u>ended March 31,</u> 2008 audited)
Research services	\$ 39,050	\$35,949
Advisory services and other	17,357	19,025
Total revenues	56,407	54,974
וטנמו ובעכוועבא	50,407	54,574
Operating expenses		
Cost of services and fulfillment	22,212	21,148
Selling and marketing	19,149	18,850
General and administrative	6,972	7,226
Depreciation	1,092	1,036
Amortization of intangible assets	656	171
Reorganization costs	3,141	_
Total operating expenses	53,222	48,431
)	- , -
Income from operations	3,185	6,543
Other income, net	1,269	2,072
Realized gains from securities and non-marketable investments		497
Income from operations before income taxes	4,454	9,112
Income tax provision	1,823	4,084
Net income	\$ 2,631	\$ 5,028
Diluted income per share	\$ 0.11	\$ 0.21
Diluted weighted average shares outstanding	23,106	23,617
Basic income per share	<u>\$ 0.11</u>	<u>\$ 0.22</u>
Basic weighted average shares outstanding	22,946	23,048
Pro forma data (1):		
Income from operations	\$ 3,185	\$ 6,543
Amortization of intangible assets	656	171
Reorganization costs	3,141	—
Investigation related benefit	—	(68)
Non-cash stock-based compensation included in the following expense categories:		
Cost of services and fulfillment	1,149	768
Selling and marketing	365	270
General and administrative	678	368
Pro forma income from operations	9,174	8,052
Other income, net	1,269	2,072
Pro forma income before income taxes	10,443	10,124
Pro forma income tax provision	4,177	3,948
Pro forma net income	\$ 6,266	\$ 6,176
Pro forma diluted income per share	<u>\$ 0.27</u>	<u>\$ 0.26</u>
Diluted weighted average shares outstanding	23,106	23,617

(1) Forrester believes that pro forma financial results provide investors with consistent and comparable information to aid in the understanding of Forrester's ongoing business. Our pro forma presentation excludes reorganization costs, amortization of intangible assets, stock-based compensation, net gains or impairments from marketable and non-marketable investments, costs associated with the stock option investigation and restatement of our historical financial statements, as well as their related tax effects. The pro forma data does not purport to be prepared in accordance with Accounting Principles Generally Accepted in the United States.

Forrester Research, Inc. Condensed Consolidated Balance Sheets (In thousands)

	<u>March 31,</u> 2009	<u>December 31,</u> 2008
	(Unaudited)	
Assets:	¢ 111 004	6 100 170
Cash and cash equivalents	\$ 111,284	\$ 129,478
Short-term investments	114,470	83,951
Deferred commissions	8,792	9,749
Deferred income taxes	7,760	7,947
Prepaid expenses and other current assets	18,066	15,553
Total current assets	300,931	310,904
Long-term investments	44,200	46,500
Property and equipment, net	8,202	6,759
Deferred income taxes	8,884	8,523
Goodwill and intangible assets, net	74,242	74,562
Non-marketable investments and other long term assets	7,411	7,703
Total assets	\$ 443,870	\$ 454,951
	4 443,070	ψ +0+,001
Liabilities and stockholders' equity:		
Accounts payable	\$ 3,062	\$ 3,532
Accrued expenses	24,847	27,527
Deferred revenue	108,412	113,844
Total current liabilities	136,321	144,903
	100,021	144,000
Non-current liabilities	6,053	6,551
Total liabilities	142,374	151,454
Preferred stock	_	_
Common stock	291	291
Additional paid-in capital	317,676	315,149
Retained earnings	113,324	110,693
Treasury stock, at cost	(125,750)	(120,851)
Accumulated other comprehensive loss	(4,045)	(1,785)
Total stockholders' equity	301,496	303,497
Total liabilities and stockholders' equity	\$ 443,870	\$ 454,951
	<u> </u>	

- More -

Forrester Research, Inc. Consolidated Statements of Cash Flows (In thousands)

	Three months ended March 31,	
	2009	2008
	<u>(Unaudited)</u>	(Unaudited)
Cash flows from operations:	* 0.001	ф <u>г</u> оро
Net income	\$ 2,631	\$ 5,028
Adjustments to reconcile net income to net cash provided by operating activities —	1 000	1.000
Depreciation	1,092	1,036
Amortization of intangible assets	656	171
Non-cash stock-based compensation	2,192	1,406
Increase in provision for doubtful accounts	150	96
Unrealized (gain) loss on foreign currency and other, net	(95)	_
Deferred income taxes	(240)	605
Gains from non-marketable investments and available-for-sale securities		(497)
Tax benefit from exercises of employee stock options	—	(440)
Amortization of premiums on available-for-sale securities	293	187
Changes in assets and liabilities —		
Accounts receivable	23,251	19,802
Deferred commissions	958	331
Prepaid expenses and other current assets	(2,721)	1,873
Accounts payable	(896)	(886)
Accrued expenses	(2,314)	(2,644)
Deferred revenue	(4,280)	4,419
Net cash provided by operating activities	20,677	30,487
Cash flows from investing activities:		
Acquisition of Forrester Middle East FZ-LLC	(561)	_
Purchases of property and equipment	(2,602)	(954)
Proceeds from non-marketable investments		200
Decrease in other assets	268	202
Purchases of available-for-sale securities	(245,911)	(390,696)
Proceeds from sales and maturities of available-for-sale securities	216,444	442,962
Net cash (used in) provided by investing activities	(32,362)	51,714
Cash flows from financing activities:		
Proceeds from exercises of employee stock options	366	4,377
Excess tax benefits from non-cash stock-based compensation		440
Acquisition of treasury shares	(4,899)	(14,474)
Net cash used in financing activities	(4,533)	(9,657)
Effect of exchange rate changes on cash and cash equivalents	(1,976)	803
Net (decrease) increase in cash and cash equivalents	(18,194)	73,347
Cash and cash equivalents, beginning of period	129,478	53,163
Cash and cash equivalents, end of period	\$ 111,284	\$ 126,510

- ### -