SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): August 13, 2007

FORRESTER RESEARCH, INC.

(Exact name of registrant as specified in its charter)

Delaware 000-21433 04-2797789

(State or other jurisdiction of incorporation)

(Commission File Number)

(I.R.S. Employer Identification Number)

400 Technology Square Cambridge, Massachusetts 02139

(Address of principal executive offices, including zip code)

(617) 613-6000

(Registrant's telephone number including area code)

N/A

(Former Name or Former Address, if Changes since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 3.01. Notice of Delisting or Failure to Satisfy a Continued Listing Rule or Standard; Transfer of Listing.

On August 13, 2007, Forrester Research, Inc. (the "Company") received an additional Staff Determination letter from the Listing Qualifications department of The Nasdaq Stock Market stating that the Company is not in compliance with Nasdaq Marketplace Rule 4310(c)(14). As anticipated, the letter was issued in accordance with Nasdaq procedures when the Company did not file its Quarterly Report on Form 10-Q for the quarter ended June 30, 2007.

On March 16, 2007, the Company announced a delay in filing its Annual Report on Form 10-K for its fiscal year ended December 31, 2006 because of its ongoing investigation of its stock option granting practices, and on May 10, 2007, the Company announced a delay in filing its Quarterly Report on Form 10-Q for the three months ended March 31, 2007. As previously announced, the Company has received similar Staff Determination letters stating that the Company is not in compliance with Nasdaq Marketplace Rule 4310(c)(14) due to the delay in the filing of its Annual Report on Form 10-K for the year ended December 31, 2006 and its Quarterly Report on Form 10-Q for the period ended March 31, 2007.

On June 19, 2007 the Company announced that on June 14, 2007 a Listing Qualifications panel ("Panel") of The Nasdaq Stock Market granted the request of the Company for continued listing on The Nasdaq Stock Market. The Company's continued listing is subject to certain conditions, including that on or before September 12, 2007 it file with the SEC the delinquent reports and any required restatement of the Company's historical financial statements. The Panel also has the right to reconsider the terms of its continued listing determination based on any event, condition or circumstances that would, in the opinion of the Panel, make continued listing of the Company's securities on The Nasdaq Stock Market inadvisable or unwarranted. There can be no assurance that the Company will satisfy the conditions for continued listing, that Nasdaq will grant an additional extension of time to meet such conditions, if necessary, or that the Company's common stock will remain listed on The Nasdaq Stock Market. The most recent Staff Determination letter states that the failure of the Company to file its Form 10-Q for the quarter ended June 30, 2007 will serve as an additional basis for delisting the Company's securities from The Nasdaq Stock Market.

The press release issued by the Company on August 16, 2007 in connection with this matter is attached hereto as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit

Number Description

99.1 Press release dated August 16, 2007.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FORRESTER RESEARCH, INC.

By /s/ GAIL S. MANN

Name: Gail S. Mann Title: Chief Legal Officer

Date: August 16, 2007

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EXHIBIT INDEX

Exhibit No. Description 99.1 Press release dated August 16, 2007.



FOR IMMEDIATE RELEASE

Forrester Research Receives Anticipated Nasdaq Notice Regarding Delayed Form 10-Q Filing Cambridge, Mass., August 16, 2007 . . . Forrester Research, Inc. (Nasdaq: FORR) today announced that, as anticipated, it had received an additional Staff Determination letter from the Listing Qualifications department of The Nasdaq Stock Market stating that the company is not in compliance with Nasdaq Marketplace Rule 4310(c)(14) because it did not file its Quarterly Report on Form 10-Q for the quarter ended June 30, 2007.

On March 16, 2007, Forrester announced a delay in filing its Annual Report on Form 10-K for its fiscal year ended December 31, 2006 because of its ongoing investigation of its stock option granting practices, and on May 10, 2007, the company announced a delay in filing its Quarterly Report on Form 10-Q for the three months ended March 31, 2007. As previously announced, Forrester has received similar Staff Determination letters stating that it is not in compliance with Nasdaq Marketplace Rule 4310(c)(14) due to the delay in the filing of its Annual Report on Form 10-K for the year ended December 31, 2006 and its Quarterly Report on Form 10-Q for the period ended March 31, 2007.

As previously announced, on June 14, 2007, a Listing Qualifications panel ("Panel") of The Nasdaq Stock Market granted Forrester's request for continued listing on The Nasdaq Stock Market. Forrester's continued listing is subject to certain conditions, including that on or before September 12, 2007 it file with the SEC the delinquent reports and any required restatement of the company's historical financial statements. The Panel also has the right to reconsider the terms of its continued listing determination based on any event, condition, or circumstances that would, in the opinion of the Panel, make continued listing of Forrester's securities on The Nasdaq Stock Market inadvisable or unwarranted. There can be no assurance that Forrester will satisfy the conditions for continued listing, that Nasdaq will grant an additional extension of time to meet such conditions, if necessary, or that the company's common stock will remain listed on The Nasdaq Stock Market. The most recent Staff Determination letter states that the failure of the company to file its Form 10-Q for the quarter ended June 30, 2007 will serve as an additional basis for delisting the company's securities from The Nasdaq Stock Market.

About Forrester Research

Forrester Research, Inc. (Nasdaq: FORR) is an independent technology and market research company that provides pragmatic and forward-thinking advice to global leaders in business and technology. For more than 24 years, Forrester has been making leaders successful every day through its proprietary research, consulting, events, and peer-to-peer executive programs. For more information, visit www.forrester.com.

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